

<b>06-Oct</b>	<b>Home</b>	<b>vs</b>	<b>Away</b>	<b>05-Jan</b>	<b>Home</b>	<b>vs</b>	<b>Away</b>
	Rhondda	vs	Swansea 3		Swansea 3	vs	Rhondda
	Whitchurch	vs	Brecon		Brecon	vs	Whitchurch
<b>Week 1</b>	Pontllanfraith	vs	Penarth 3	<b>Week 10</b>	Penarth 3	vs	Pontllanfraith
	Dinefwr	vs	Radnor		Radnor	vs	Dinefwr
	FREE WEEK	vs	Chepstow		Chepstow	vs	FREE WEEK
<b>13-Oct</b>	<b>Home</b>	<b>vs</b>	<b>Away</b>	<b>19-Jan</b>	<b>Home</b>	<b>vs</b>	<b>Away</b>
	Swansea 3	vs	Brecon		Brecon	vs	Swansea 3
	Penarth 3	vs	Dinefwr		Dinefwr	vs	Penarth 3
<b>Week 2</b>	Rhondda	vs	Pontllanfraith	<b>Week 11</b>	Pontllanfraith	vs	Rhondda
	Chepstow	vs	Whitchurch		Whitchurch	vs	Chepstow
	FREEWEEK	vs	Radnor		Radnor	vs	FREE WEEK
<b>20-Oct</b>	<b>Home</b>	<b>vs</b>	<b>Away</b>	<b>02-Feb</b>	<b>Home</b>	<b>vs</b>	<b>Away</b>
	Pontllanfraith	vs	Swansea 3		Swansea 3	vs	Pontllanfraith
	Whitchurch	vs	Rhondda		Rhondda	vs	Whitchurch
<b>Week 3</b>	Penarth 3	vs	Radnor	<b>Week 12</b>	Radnor	vs	Penarth 3
	Chepstow	vs	Brecon		Brecon	vs	Chepstow
	Dinefwr	vs	FREE WEEK		FREE WEEK	vs	Dinefwr
<b>03-Nov</b>	<b>Home</b>	<b>vs</b>	<b>Away</b>	<b>16-Feb</b>	<b>Home</b>	<b>vs</b>	<b>Away</b>
	Swansea 3	vs	Whitchurch		Whitchurch	vs	Swansea 3
	Chepstow	vs	Dinefwr		Dinefwr	vs	Chepstow
<b>Week 4</b>	Pontllanfraith	vs	Radnor	<b>Week 13</b>	Radnor	vs	Pontllanfraith
	Penarth 3	vs	Rhondda		Rhondda	vs	Penarth 3
	FREE WEEK	vs	Brecon		Brecon	vs	FREE WEEK
<b>10-Nov</b>	<b>Home</b>	<b>vs</b>	<b>Away</b>	<b>01-Mar</b>	<b>Home</b>	<b>vs</b>	<b>Away</b>
	Swansea 3	vs	Chepstow		Chepstow	vs	Swansea 3
	Rhondda	vs	Brecon		Brecon	vs	Rhondda
<b>Week 5</b>	Whitchurch	vs	Radnor	<b>Week 14</b>	Radnor	vs	Whitchurch
	Dinefwr	vs	Pontllanfraith		Pontllanfraith	vs	Dinefwr
	FREE WEEK	vs	Penarth 3		Penarth 3	vs	FREE WEEK
<b>17-Nov</b>	<b>Home</b>	<b>vs</b>	<b>Away</b>	<b>08-Mar</b>	<b>Home</b>	<b>vs</b>	<b>Away</b>
	Radnor	vs	Swansea 3		Swansea 3	vs	Radnor
	Penarth 3	vs	Whitchurch		Whitchurch	vs	Penarth 3
<b>Week 6</b>	Dinefwr	vs	Brecon	<b>Week 15</b>	Brecon	vs	Dinefwr
	Chepstow	vs	Rhondda		Rhondda	vs	Chepstow
	FREE WEEK	vs	Pontllanfraith		Pontllanfraith	vs	FREE WEEK
<b>24-Nov</b>	<b>Home</b>	<b>vs</b>	<b>Away</b>	<b>15-Mar</b>	<b>Home</b>	<b>vs</b>	<b>Away</b>
	Brecon	vs	Penarth 3		Penarth 3	vs	Brecon
	Whitchurch	vs	Dinefwr		Dinefwr	vs	Whitchurch
<b>Week 7</b>	Rhondda	vs	Radnor	<b>Week 16</b>	Radnor	vs	Rhondda
	Pontllanfraith	vs	Chepstow		Chepstow	vs	Pontllanfraith
	Swansea 3	vs	FREE WEEK		FREE WEEK	vs	Swansea 3
<b>01-Dec</b>	<b>Home</b>	<b>vs</b>	<b>Away</b>	<b>29-Mar</b>	<b>Home</b>	<b>vs</b>	<b>Away</b>
	Swansea 3	vs	Dinefwr		Dinefwr	vs	Swansea 3
	Brecon	vs	Radnor		Radnor	vs	Brecon
<b>Week 8</b>	Whitchurch	vs	Pontllanfraith	<b>Week 17</b>	Pontllanfraith	vs	Whitchurch
	Chepstow	vs	Penarth 3		Penarth 3	vs	Chepstow
	FREE WEEK	vs	Rhondda		Rhondda	vs	FREE WEEK
<b>08-Dec</b>	<b>Home</b>	<b>vs</b>	<b>Away</b>	<b>12-Apr</b>	<b>Home</b>	<b>vs</b>	<b>Away</b>
	Penarth 3	vs	Swansea 3		Swansea 3	vs	Penarth 3
	Pontllanfraith	vs	Brecon		Brecon	vs	Pontllanfraith
<b>Week 9</b>	Radnor	vs	Chepstow	<b>Week 18</b>	Chepstow	vs	Radnor
	Dinefwr	vs	Rhondda		Rhondda	vs	Dinefwr
	Whitchurch	vs	FREE WEEK		FREE WEEK	vs	Whitchurch