

29-Sep	Home	vs	Away	05-Jan	Home	vs	Away
	Risca	vs	Gowerton		Gowerton	vs	Risca
	Saints 2	vs	Bridgend 2		Bridgend 2	vs	Saints 2
Week 1	CF University 3	vs	Cardiff Athletic 2	Week 10	Cardiff Athletic 2	vs	CF University 3
	Saints 3	vs	Cardiff		Cardiff	vs	Saints 3
	UW Swansea	vs	UWIC 3		UWIC 3	vs	UW Swansea
06-Oct	Home	vs	Away	19-Jan	Home	vs	Away
	Gowerton	vs	Bridgend 2		Bridgend 2	vs	Gowerton
	Cardiff Athletic 2	vs	Saints 3		Saints 3	vs	Cardiff Athletic 2
Week 2	Risca	vs	CF University 3	Week 11	CF University 3	vs	Risca
	UWIC 3	vs	Saints 2		Saints 2	vs	UWIC 3
	UW Swansea	vs	Cardiff		Cardiff	vs	UW Swansea
13-Oct	Home	vs	Away	02-Feb	Home	vs	Away
	CF University 3	vs	Gowerton		Gowerton	vs	CF University 3
	Saints 2	vs	Risca		Risca	vs	Saints 2
Week 3	Cardiff Athletic 2	vs	Cardiff	Week 12	Cardiff	vs	Cardiff Athletic 2
	UWIC 3	vs	Bridgend 2		Bridgend 2	vs	UWIC 3
	Saints 3	vs	UW Swansea		UW Swansea	vs	Saints 3
20-Oct	Home	vs	Away	16-Feb	Home	vs	Away
	Gowerton	vs	Saints 2		Saints 2	vs	Gowerton
	UWIC 3	vs	Saints 3		Saints 3	vs	UWIC 3
Week 4	Cardiff	vs	CF University 3	Week 13	CF University 3	vs	Cardiff
	Cardiff Athletic 2	vs	Risca		Risca	vs	Cardiff Athletic 2
	UW Swansea	vs	Bridgend 2		Bridgend 2	vs	UW Swansea
03-Nov	Home	vs	Away	01-Mar	Home	vs	Away
	Gowerton	vs	UWIC 3		UWIC 3	vs	Gowerton
	Risca	vs	Bridgend 2		Bridgend 2	vs	Risca
Week 5	Cardiff	vs	Saints 2	Week 14	Saints 2	vs	Cardiff
	Saints 3	vs	CF University 3		CF University 3	vs	Saints 3
	UW Swansea	vs	Cardiff Athletic 2		Cardiff Athletic 2	vs	UW Swansea
10-Nov	Home	vs	Away	08-Mar	Home	vs	Away
	Cardiff	vs	Gowerton		Gowerton	vs	Cardiff
	Cardiff Athletic 2	vs	Saints 2		Saints 2	vs	Cardiff Athletic 2
Week 6	Saints 3	vs	Bridgend 2	Week 15	Bridgend 2	vs	Saints 3
	UWIC 3	vs	Risca		Risca	vs	UWIC 3
	UW Swansea	vs	CF University 3		CF University 3	vs	UW Swansea
17-Nov	Home	vs	Away	15-Mar	Home	vs	Away
	Bridgend 2	vs	Cardiff Athletic 2		Cardiff Athletic 2	vs	Bridgend 2
	Saints 2	vs	Saints 3		Saints 3	vs	Saints 2
Week 7	Risca	vs	Cardiff	Week 16	Cardiff	vs	Risca
	CF University 3	vs	UWIC 3		UWIC 3	vs	CF University 3
	Gowerton	vs	UW Swansea		UW Swansea	vs	Gowerton
24-Nov	Home	vs	Away	29-Mar	Home	vs	Away
	Gowerton	vs	Saints 3		Saints 3	vs	Gowerton
	Bridgend 2	vs	Cardiff		Cardiff	vs	Bridgend 2
Week 8	Saints 2	vs	CF University 3	Week 17	CF University 3	vs	Saints 2
	UWIC 3	vs	Cardiff Athletic 2		Cardiff Athletic 2	vs	UWIC 3
	UW Swansea	vs	Risca		Risca	vs	UW Swansea
01-Dec	Home	vs	Away	12-Apr	Home	vs	Away
	Cardiff Athletic 2	vs	Gowerton		Gowerton	vs	Cardiff Athletic 2
	CF University 3	vs	Bridgend 2		Bridgend 2	vs	CF University 3
Week 9	Cardiff	vs	UWIC 3	Week 18	UWIC 3	vs	Cardiff
	Saints 3	vs	Risca		Risca	vs	Saints 3
	Saints 2	vs	UW Swansea		UW Swansea	vs	Saints 2