

	Home		vs		Away		Home		vs		Away
29 Sept	Cardiff Met II	2	vs	2	Cardiff University III	1 Dec	Cardiff University III	3	vs	1	Cardiff Met II
	Presteigne	9	vs	0	Cwmtawe		Cwmtawe	0	vs	4	Presteigne
	Milford Haven	1	vs	3	Gowerton		Gowerton	1	vs	1	Milford Haven
	Abergavenny	0	vs	0	Llan & Llan I		Llan & Llan I	0	vs	0	Abergavenny
	Newport Gwent II	2	vs	0	Brecon		Brecon	0	vs	7	Newport Gwent II
Home		vs		Away	Home		vs		Away		
6 Oct	Cardiff University III	2	vs	1	Cwmtawe	26 Jan	Cwmtawe	2	vs	3	Cardiff University III
	Gowerton	6	vs	0	Abergavenny		Abergavenny	2	vs	0@	Gowerton
	Cardiff Met II	2	vs	3	Milford Haven		Milford Haven	2	vs	2	Cardiff Met II
	Presteigne	2	vs	0@	Brecon		Brecon	P	vs	P	Presteigne
	Llan & Llan I	0	vs	3	Newport Gwent II		Newport Gwent II	6	vs	0	Llan & Llan I
Home		vs		Away	Home		vs		Away		
13 Oct	Milford Haven	4	vs	1	Cardiff University III	2 Feb	Cardiff University III	7	vs	2	Milford Haven
	Presteigne	10	vs	0	Cardiff Met II		Cardiff Met II	0	vs	3	Presteigne
	Llan & Llan I	0	vs	0	Gowerton		Gowerton	2	vs	0	Llan & Llan I
	Cwmtawe	1	vs	3	Brecon		Brecon	2	vs	0	Cwmtawe
	Abergavenny	0	vs	12	Newport Gwent II		Newport Gwent II	7	vs	1	Abergavenny
Home		vs		Away	Home		vs		Away		
20 Oct	Cardiff University III	3	vs	3	Presteigne	9 Feb	Presteigne	13	vs	1	Cardiff University III
	Brecon	4	vs	1	Abergavenny		Abergavenny	1	vs	3	Brecon
	Milford Haven	7	vs	0	Llan & Llan I		Llan & Llan I	0	vs	0	Milford Haven
	Gowerton	3	vs	2	Cardiff Met II		Cardiff Met II	1	vs	1	Gowerton
	Cwmtawe	1	vs	4	Newport Gwent II		Newport Gwent II	3	vs	1	Cwmtawe
Home		vs		Away	Home		vs		Away		
27 Oct	Cardiff University III	3	vs	1	Brecon	16 Feb	Brecon	4	vs	3	Cardiff University III
	Cardiff Met II	2	vs	0	Cwmtawe		Cwmtawe	1	vs	3	Cardiff Met II
	Presteigne	8	vs	0	Llan & Llan I		Llan & Llan I	1	vs	3	Presteigne
	Abergavenny	0	vs	4	Milford Haven		Milford Haven	2	vs	0@	Abergavenny
	Newport Gwent II	2	vs	4	Gowerton		Gowerton	1	vs	3	Newport Gwent II
Home		vs		Away	Home		vs		Away		
3 Nov	Llan & Llan I	0	vs	5	Cardiff University III	23 Feb	Cardiff University III	2	vs	2	Llan & Llan I
	Gowerton	3	vs	5	Presteigne		Presteigne	2	vs	2	Gowerton
	Abergavenny	0	vs	3	Cwmtawe		Cwmtawe	1	vs	3	Abergavenny
	Brecon	2	vs	3	Cardiff Met II		Cardiff Met II	1	vs	0	Brecon
	Newport Gwent II	4	vs	3	Milford Haven		Milford Haven	1	vs	3	Newport Gwent II
Home		vs		Away	Home		vs		Away		
10 Nov	Cwmtawe	3	vs	2	Gowerton	2 March	Gowerton	2	vs	0	Cwmtawe
	Presteigne	9	vs	0	Abergavenny		Abergavenny	0	vs	6	Presteigne
	Cardiff Met II	5	vs	0	Llan & Llan I		Llan & Llan I	2	vs	1	Cardiff Met II
	Milford Haven	7	vs	1	Brecon		Brecon	2	vs	4	Milford Haven
	Cardiff University III	2	vs	4	Newport Gwent II		Newport Gwent II	4	vs	0	Cardiff University III
Home		vs		Away	Home		vs		Away		
17 Nov	Cardiff University III	8	vs	0	Abergavenny	9 March	Abergavenny	1	vs	8	Cardiff University III
	Cwmtawe	0	vs	1	Llan & Llan I		Llan & Llan I	1	vs	0	Cwmtawe
	Milford Haven	3	vs	5	Presteigne		Presteigne	P	vs	P	Milford Haven
	Brecon	0	vs	9	Gowerton		Gowerton	2	vs	1	Brecon
	Newport Gwent II	4	vs	2	Cardiff Met II		Cardiff Met II	3	vs	4	Newport Gwent II
Home		vs		Away	Home		vs		Away		
24 Nov	Gowerton	5	vs	4	Cardiff University III	16 March	Cardiff University III	2	vs	2	Gowerton
	Milford Haven	5	vs	1	Cwmtawe		Cwmtawe	0	vs	6	Milford Haven
	Llan & Llan I	P	vs	P	Brecon		Brecon	1	vs	3	Llan & Llan I
	Abergavenny	0	vs	2	Cardiff Met II		Cardiff Met II	P	vs	P	Abergavenny
	Presteigne	6	vs	1	Newport Gwent II		Newport Gwent II	4	vs	4	Presteigne